



INSTRUCTIONAL CLASSES

September 14, 2020 - June 30, 2021

CLASS	COST	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Girls	MONTHLY						
Girls Recreational 7-9 yrs. old	\$84.00	5:45-6:45	4:45-5:45	7:30-8:30	7:30-8:30	4:45-5:45	10:30-11:30 1:15-2:15
Girls Recreational 9+ yrs. old	\$84.00	7:30-8:30			5:00 - 6:00		1:15-2:15
Girls Recreational 8+ yrs. old	\$107.00		7:00-8:30	4:45-6:15		6:00-7:30	11:30-1:00
Boys	MONTHLY						
BOYS 5+ yrs. old	\$82.00	5:45-6:40					9:30-10:25
Boys & Girls	MONTHLY						
BEG. TUMBLING 7+ yrs. old	\$84.00			7:30-8:30		7:30-8:30	
INT. TUMBLING 7+ yrs. old	\$95.00			7:15-8:30			
ADV. TUMBLING 7+ yrs. old	\$107.00	7:00-8:30					
Boys & Girls	MONTHLY						
DROP IN GYMNASTICS							
DROP IN GYMNASTICS	\$7.00 AT THE DOOR					7:30-8:30	2:30-3:30
DROP IN Tumbling	\$20.00 AT THE DOOR				7:30-8:30		

CLASS DESCRIPTIONS	
Girls Recreational 7-9 yrs.	7-9 yr. old girls. Beginner gymnastics class working on all apparatus. Girls must be 7 years old to attend these classes. 60 minute class.
Girls Recreational 9+ yrs.	9-16 yr. old girls. Beginner gymnastics class working on all apparatus. Girls must be 9 years old to attend these classes. 60 minute class.
Girls Recreational 8+ yrs.	8-16 yr. old girls. Beginner gymnastics class working on all apparatus. Girls must be 8 years old to attend these classes. 90 minute class.
Boys Recreational 5+ yrs.	5 yrs and up boys only. Beginning to Intermediate level students use spring floor, vault, high bar, parallel bars, rings & pommel horse. 55 minute class.
BEG. TUMBLING	7 -16 yr. old boys & girls. Beginning tumbling skills learned using the spring floor, pit & trampoline. Especially geared for floor gymnastics used in cheerleading & dance. 60 minute class.
INT. TUMBLING	7 - 16 yr. old boys & girls. Must have a back walkover to join this class. Tumbling skills learned using the spring floor, pit & trampoline. Especially geared for floor gymnastics used in cheerleading & dance. 75 minute class.
ADV. TUMBLING	7 - 16 yr. old boys & girls. Must have a back handspring to join this class. Tumbling skills learned using the spring floor, pit & trampoline. Especially geared for floor gymnastics used in cheerleading & dance. 90 minute class.
DROP IN GYMNASTICS	Ages 4 & up. This is a great opportunity to practice the skills learned in class, jump on the trampoline or flip around in foam pits. You do not have to be in a class to participate, so invite your friends and neighbors to come along. (A waiver form must be filled out by a parent/guardian before anyone may attend.)
DROP IN TUMBLING	Ages 7 & up. Drop in Tumbling Clinic to work on all your tumbling skills. This is an instructed class. (A waiver form must be filled out by a parent/guardian before anyone may attend.)



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