

USA Gymnastics Member Club
Gymnastic Training Center of Rochester, Inc.
 TEMPORARY Waiver and Release Form



We, the staff of Gymnastic Training Center, hereinafter referred to as "GTC", recognize our obligation to make our students and their parents aware of the risks and hazards associated with the sport of gymnastics, tumbling, and cheerleading. Students may suffer injuries, possibly minor, serious, or catastrophic in nature. Activities involving motion have inherent risks! Gymnastics, Tumbling, and Cheerleading can be dangerous and can lead to injury.

Parents should make their children aware of the possibility of injury and encourage their children to follow all the safety rules and the coaches' instructions.

The USA Gymnastics (USAG) and GTC, its coaches and other staff members, will not accept responsibility for injuries sustained by any student during the course of gymnastics, tumbling, dance or cheerleading instruction, or open workouts, or in the course of any exhibition, competition, or clinic in which he or she may participate or while traveling to or from the event, except where such loss or damage is the result of intentional or reckless conduct of one of the organizations or individuals mentioned above.

With the above in mind, and being fully aware of the risks and possibility of injury involved, I consent to have my child or children participate in the programs offered by GTC. I, my executors or other representatives, waive and release all rights and claims for damages that I or my child may have against USA Gymnastics and the GTC and or its representatives whether paid or volunteer.

I also affirm that I now have and will continue to provide proper hospitalization, health, and accident insurance coverage which I consider adequate for both my child's protection and my own protection.

I also understand that it is the parents' responsibility to warn the child about the dangers of gymnastics and injury. The parent should warn the child according to what the parent feels is appropriate. GTC will only warn the child through "Safety Messages" and our teaching style and progressions.

I HAVE READ AND UNDERSTOOD the above and the "Safety Rules" on the other side of this sheet.

Parent or Guardian Signature: _____ Date ___/___/___
 Print Name: _____ Relationship _____

How did you hear about us? Word of Mouth ___ Birthday Party/Field Trip ___ Yellow Pages ___
 Newspaper ___ Website ___ Magazine Ad ___ Theater Slide ___ TV Commercial ___ Mailing ___
 Bring-A-Friend Day ___ Other _____

email address: _____ to receive updates, class schedules, newsletters and store sales info.

| STUDENT INFORMATION | | | | | |
|---|------------|-----------|----------------|---------------|----------------|
| 1) | _____ | _____ | ____/____/____ | M or F SEX | _____ CLASS |
| | FIRST NAME | LAST NAME | BIRTHDATE | | |
| 2) | _____ | _____ | ____/____/____ | M or F SEX | _____ CLASS |
| | FIRST NAME | LAST NAME | BIRTHDATE | | |
| ADDRESS _____ CITY _____ ST _____ ZIP _____ HOME PHONE (____) _____ | | | | | |

| CONTACT PERSONS | | | |
|-------------------------|--|---------------------|--|
| Father's Name _____ | (____) _____ Cell or Business Phone | Mother's Name _____ | (____) _____ Cell or Business Phone |
| Emergency Contact _____ | (____) _____ Phone | | |

Safety First, Second, and Always!