



## INSTRUCTIONAL CLASSES

September 3, 2019 - June 30, 2020

CLASS	COST	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Girls</b>	<b>MONTHLY</b>						
Girls Recreational 7-9 yrs. old	\$78.00	6:00-7:00	4:45-5:45	5:00-6:00 7:15-8:15	7:30-8:30	5:00-6:00	9:45-10:45 1:30-2:30
Girls Recreational 9+ yrs. old	\$78.00	7:30-8:30	7:30-8:30	6:00-7:00			11:30-12:30 1:30-2:30
Girls Recreational 8+ yrs. old	\$98.00	5:45-7:15	4:45-6:15	4:30-6:00 7:00-8:30	4:30-6:00	6:00-7:30	11:00-12:30
<b>Boys</b>	<b>MONTHLY</b>						
BOYS 7+ yrs. old	\$78.00		5:00-6:00				
<b>Boys &amp; Girls</b>	<b>MONTHLY</b>						
BEG. TUMBLING 7+ yrs. old	\$78.00	7:30-8:30				7:30-8:30	
INT. TUMBLING 7+ yrs. old	\$78.00			7:30-8:30			
ADV. TUMBLING 7+ yrs. old	\$98.00		7:00-8:30		7:00-8:30		
<b>Boys &amp; Girls</b>	<b>MONTHLY</b>						
<b>DROP IN GYMNASTICS</b>							
DROP IN GYMNASTICS	\$7.00 AT THE DOOR					7:30-8:30	12:30-1:30
DROP IN Tumbling	\$15.00 AT THE DOOR	7:30-8:30					

<b>CLASS DESCRIPTIONS</b>	
Girls Recreational 7-9 yrs.	7-9 yr. old girls. Beginner gymnastics class working on all apparatus. Girls must be 7 years old to attend these classes. 60 minute class.
Girls Recreational 9+ yrs.	9-16 yr. old girls. Beginner gymnastics class working on all apparatus. Girls must be 9 years old to attend these classes. <b>60 minute class.</b>
Girls Recreational 8+ yrs.	8-16 yr. old girls. Beginner gymnastics class working on all apparatus. Girls must be 8 years old to attend these classes. <b>90 minute class.</b>
Boys Recreational 7+ yrs.	7 - 16 yr. old boys only. Beginning to Intermediate level students use spring floor, vault, high bar, parallel bars, rings & pommel horse. 60 minute class.
BEG. TUMBLING	7 - 16 yr. old boys & girls. Beginning tumbling skills learned using the spring floor, pit & trampoline. Especially geared for floor gymnastics used in cheerleading & dance. 60 minute class.
INT. TUMBLING	7 - 16 yr. old boys & girls. Must have a back walkover to join this class. Tumbling skills learned using the spring floor, pit & trampoline. Especially geared for floor gymnastics used in cheerleading & dance. 60 minute class.
ADV. TUMBLING	7 - 16 yr. old boys & girls. Must have a back handspring to join this class. Tumbling skills learned using the spring floor, pit & trampoline. Especially geared for floor gymnastics used in cheerleading & dance. 90 minute class.
DROP IN GYMNASTICS	Ages 4 & up. This is a great opportunity to practice the skills learned in class, jump on the trampoline or flip around in foam pits. You do not have to be in a class to participate, so invite your friends and neighbors to come along. ( A waiver form must be filled out by a parent/guardian before anyone may attend.)
DROP IN TUMBLING	Ages 7 & up. Drop in Tumbling Clinic to work on all your tumbling skills. This is an instructed class. ( A waiver form must be filled out by a parent/guardian before anyone may attend.)



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